



First Presbyterian Weekday School

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Lara Davis, Director

LETTER FROM LARA



Dear Weekday School Families:

On Monday, November 4th, the Weekday School will be closed for students, but open for parent conferences. At this time, teachers will be sharing information that they have observed about your child. This is a time to celebrate successes and plan for continued growth. You may want to consider asking your child's teacher...

- How does my child initiate play with others?
- How does my child problem solve when he plays with others?
- How does my child offer help to others?
- How does my child take responsibility for his space and materials?
- Is my child interested in group activities or independent activities?
- Is my child responsive to assistance from other children or the teacher?
- What activities does my child most often engage in?
- Are there any skills that seem to frustrate my child? How can I help him?
- For those children who are writing in journals: What letters are my child using? Is he/she connecting any sounds to letters?

Conferences may be scheduled with your child's teacher. Unfortunately, we are unable to provide childcare during conferences.

Attached to this newsletter is a brief reference guide listing some of the developmental characteristics of children ages infant - five years old. This guide summarizes what we can "typically" expect at each level of development. Please keep in mind that, although children go through each of these developmental stages, they will do it in their own way, at their own rate, and in their own time. For more information and other resources on developmental characteristics, feel free to stop by the Weekday School office.

I'm wishing you well!

Lara

November 2013

School Calendar

November

Mon., Nov. 4th –
Conference Day (No
School for Students)

Wed., Nov. 6th – noon
dismissal (staff training
day), Spirit Day*



Thurs. & Fri., Nov 7th - 8th
– School Pictures

Thurs. & Fri., Nov. 14th -
15th – Grandparents' Day
and Book Fair

Nov. 25th – 29th –
Thanksgiving Break: **No
School**

December

Wed., Dec. 4th – noon
dismissal (staff training
day), Spirit Day*

Tues. & Weds., Dec. 17-
18th – Christmas Program
(more information to
follow).

Dec 19th - Jan 1st -
Christmas Break, No
School

* Don't forget to wear your
WDS shirt or something with a
heart on it.

Many Thanks!!!

We would like to extend our appreciation to the parent liaisons and volunteers. Our team of liaisons has been meeting once a month to discuss upcoming events, and opportunities for classroom and school-wide support. The next parent liaison meetings are on December 11th and 12th. A special thank you goes out to Danette Ables, who worked on the 2013-2014 Parent Directory. That was helpful!

First Presbyterian Weekday School truly is a community, and we are all in this together!

Read All About It!!!

The latest blog post on our website covers development, as it relates to learning new skills and developing misbehavior. Feel free to post your questions on our blog section of our website. <http://fpwds.com/category/blog/>

What's Happening Around Town?

The Handley Library is offering the following story times for preschoolers:

- For children age 2 and under: Every Monday at 10:15 am, through November 25th
- For children age 3 and up: Every Monday at 1:00 pm, through November 25th

The Discovery Museum will be hosting the following events:

- November 1st: free admission for "First Friday", 5:00 pm -7:30 pm
- November 7th: ½ price admission for grandparents during "Grand Hours", 2:00 pm - 5:00 pm. Cost of admission for children is \$6.00/person.

A NIGHT AT CHIK-FIL-A!
At Chik-Fil-A on Pleasant Valley Road

**Tuesday, November 5,
5:30 - 7:30**

Come and enjoy a night of fun and family connections!
(10% of the proceeds are donated to our school.)

GRANDPARENTS' DAY

Inviting all grandparents (or designated grandparents) to join us on November 14th or November 15th!

Come and enjoy a continental breakfast in Fellowship Hall and then visit your grandchild's classroom.

Meet the Pastor

Did you know that another word for "pastor" is "shepherd?" Our four and five year olds met with Pastor Rich this past month and he shared the "tools" he uses for his job.

One of our goals at the Weekday School is for the fours' and fives' classes to meet and learn about our pastoral staff at the church. It is another way for us to connect as a church and school family. In the future, we will talk with Pastor Dan about "who is our neighbor?" We will also meet with Pastor Maren and Mr. Todd.



REMINDERS

Hand sanitizer is not as effective as using soap and water. We ask that you accompany your child(ren) to the bathroom and assist with hand washing PRIOR to entering the classroom for the day. Let's do all we can to help keep each other healthy.

PLEASE remember, **ALL infant, toddler, and two's classrooms as well as those labeled as such are NUT-FREE.** This means no nut products or products which could contain nuts. We ask that you read the contents on the packages carefully before sending them to school. If we are in doubt, we will take it out of the room. We ask this in an effort to do all that we can to keep our children safe.

BOOK FAIR: NOVEMBER 14 & 15 In FELLOWSHIP HALL

The Winchester Book Gallery will have a variety of children's and adult's books for you to browse and buy.

(a percentage of the proceeds go to benefit our school)

Martin's A+ School Rewards

If you wish to sign up for Martin's A+ School Rewards programs, you may do so by e-mailing your card number to wds@fpcwinc.org

Please note that designating your card for the School Rewards program will not impact any other rewards programs such as Gas Points.

We appreciate the community's assistance!

Normal Stages of Human Development (Birth to 5 Years)

This page presents an overview of child development from birth to five years of age. It is important to keep in mind that the time frames presented are averages and some children may achieve various developmental milestones earlier or later than the average but still be within the normal range. This information is presented to help parents understand what to expect from their child. Any questions you may have about your child's development should be shared with his or her doctor.

Physical and Language

Emotional

Social

Birth to 1 month

Feedings: 5-8 per day. Sleep: 20 hrs per day. Sensory Capacities: makes basic distinctions in vision, hearing, smelling, tasting, touch, temperature, and perception of pain

Generalized Tension

Helpless
Asocial
Fed by mother

2 months to 3 months

Sensory Capacities: color perception, visual exploration, oral exploration. Sounds: cries, coos, grunts. Motor Ability: control of eye muscles, lifts head when on stomach. Delight

Distress

Smiles at a Face Visually fixates at a face, smiles at a face, may be soothed by rocking.

4 months to 6 months

Sensory Capacities: localizes sounds. Sounds: babbling, makes most vowels and about half of the consonants. Feedings: 3-5 per day
Motor Ability: control of head and arm movements, purposive grasping, rolls over.

Enjoys being cuddled

Recognizes his mother. Distinguishes between familiar persons and strangers, no longer smiles indiscriminately. Expects feeding, dressing, and bathing.

7 months to 9 months

Motor Ability: control of trunk and hands, sits without support, crawls about.

Specific emotional attachment to mother.

Protests separation from mother. Enjoys "peek-a-boo"

10 months to 12 months	Motor Ability: control of legs and feet, stands, creeps, apposition of thumb and fore-finger. Language: says one or two words, imitates sounds, responds to simple commands. Feedings: 3 meals, 2 snacks. Sleep: 12 hours, 2 naps Anger	Affection Fear of strangers Curiosity, exploration	Responsive to own name. Wave bye-bye. Plays pat-a-cake, understands “no-no!” Gives and takes objects.
1 years to 1 ½ years	Motor Ability: creeps up stairs, walks (10-20 min), makes lines on paper with crayon. Dependent Behavior	Very upset when separated from mother. Fear of Bath	Obeys limited commands. Repeats a few words. Interested in his mirror image. Feeds himself.
1 ½ years to 2 years	Motor Ability: runs, kicks a ball, builds 6 cube tower (2yrs) Capable of bowel and bladder control. Language: vocabulary of more than 200 words. Sleep: 12 hours at night, 1-2 hr nap	Temper tantrums (1-3yrs)	Resentment of new baby Does opposite of what he is told (18 months).
2 years to 3 years	Motor Ability: jumps off a step, rides a tricycle, uses crayons, builds a 9-10 cube tower. Language: starts to use short sentences controls and explores world with language, stuttering may appear briefly. Fear of separation	Negativistic (2 ½ yrs) Violent emotions, anger. Differentiates facial expressions of anger, sorrow, and joy. Sense of humor (Plays tricks)	Talks, uses “I” “me” “you” Copies parents’ actions .Dependent, clinging, possessive about toys, enjoys playing alongside another child. Negativism (2 ½ yrs). Resists parental demands. Gives orders. Rigid insistence on sameness of routine. Inability to make decisions.
3 years to 4 years	Motor Ability: Stands on one leg, jumps up and down, draws a circle and a cross (4 yrs)	Self-sufficient in many routines of home life. Affectionate toward parents. Pleasure in genital manipulation. Romantic attachment to parent of opposite sex (3 to 5 yrs) Jealousy of same-sex parent. Imaginary fears of dark, injury, etc. (3 to 5 years)	Likes to share, uses “we” Cooperative play with other children, nursery school. Imitates parents. Beginning of identification with same-sex parent, practices sex-role activities. Intense curiosity & interest in other children’s bodies. Imaginary friend.

4 years to 5 years	Motor ability: mature motor control, skips, broad jumps, dresses himself, copies a square and a triangle. Language: talks clearly, uses adult speech sounds, has mastered basic grammar, relates a story, knows over 2,000 words (5 yrs)	Responsibility and guilt. Feels pride in accomplishment	Prefers to play with other children, becomes competitive prefers sex-appropriate activities
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