

What do I want to happen at this moment?

How will I communicate that clearly and simply?

*  LOOK (“There you are!”)
*  TOUCH (stand closely, touch arm, hug, hold on lap)
*  TELL WITH A KISS (Keep it short and simple.)
*  SHOW (Use gestures or walk with child.
*  ENCOURAGE (“You’ve got this.” “Look at you.” “You are doing it.” “There you go!”)